

Take Care project

Agenda

Objectives & Partners

Activities

Timeline

Communication

Questions / Comments?

Take Care - Circus life in a swing (DEC 2024 - FEB 2027)

FEDEC

Take Care aims at preventing mental health issues in the circus arts sector by:

- raising awareness about mental health,
- training students, staff and professionals,
- facilitating the exchange of good practices in caring for young artists,
- monitoring students mental health.



Partners:

- 1. FEDEC BEL (coordinator)
- 2. Codarts NLD
- 3. Circus Dance Festival DEU
- 4. Filip Jacobson DEU5. Miikkael Kukkula FIN
- 6. Around about circus DEU











Take Care

ACTIVITIES

01. Expert's committee

- 8 meetings / Online
- Monitor the project
- Get inspired exchange ideas



02. Take Care workshops

- 4 trainings / Paris (FRA), Auch (FRA), Riga (CVA), Auch (FRA)
- 2 WK for staff, 2 WK for students
- 1 day of training with external experts



03. Conferences

- 3 conferences / Cologne (DEU), Rotterdam (MCD), Vienna (AUT)
- For artists, students, staff, audience
- Raise awareness on mental health & wellbeing in circus



04. Network of festivals

- 4 meetings / online for performing arts festival managers
- Exchange best practices

05. Take Care videos

- 4 video artworks to raise awareness on mental health issues
- Screening event in festivals?



06. Take Care study

- Based on a survey on mental health among circus students
- To gather evidence on mental health in circus



07. Take Care campaign

- To raise awareness on mental health in the circus sector
- Special highlight during the European Mental Health Week

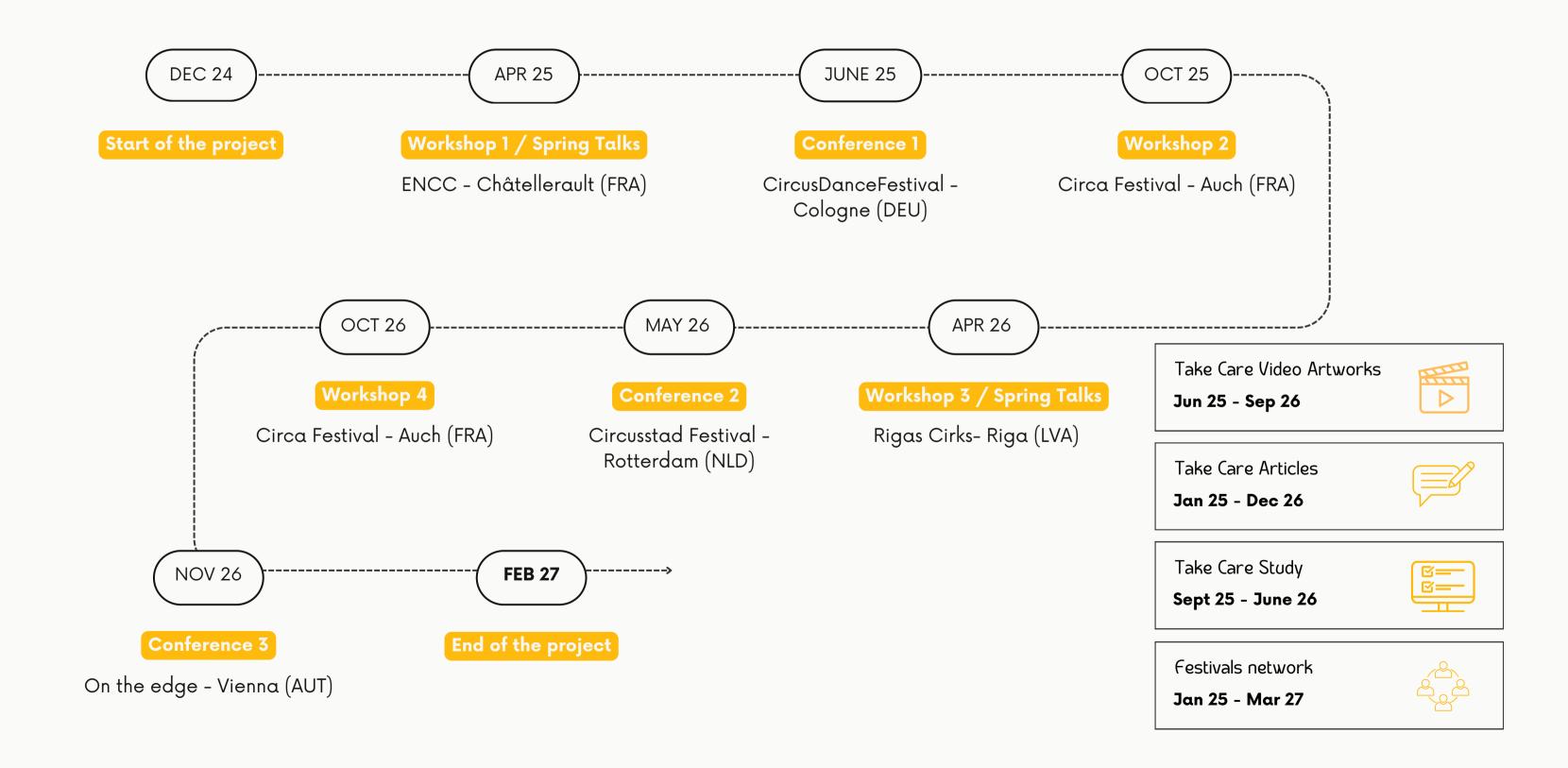
08. Publications

- Qualitative evaluation based on interviews with students/staff
- A Digital library with tools & resources
- 4 Articles by Around About Circus



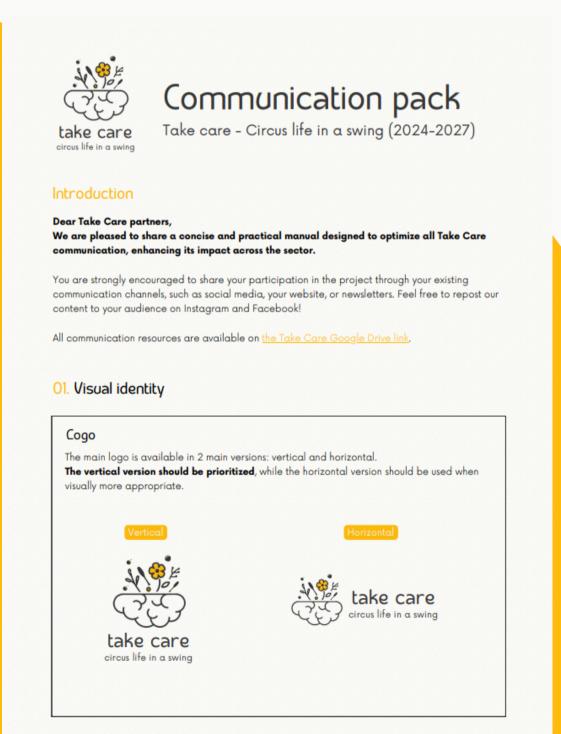
Take Care

TIMELINE



Communication Pack

https://fedecpro.sharepoint.com/sites/fedec/Documents%20partages/NEW%20ARBO/Projets/TAKE%20CARE%202024-2027/Communication/COMMUNICATION%20PACK%20-%20Take%20Care.pdf



TAKE CARE - CIRCUS CIFE IN A SWING



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